

With Jesus

Learning from Saint Mary MacKillop

Every Sunday, when we go to Mass, we do something very special. We celebrate the Eucharist and say the Creed together. This reminds us that we are part of a large family of believers. The Creed tells us what we believe as Catholics, and one important part is the 'Communion of Saints.' This means that we are connected not only to the people in church today but also to all the saints and everyone who loves Jesus, even those who have died. We are never alone because we belong to this family in Christ.

Jesus said, "I am the Way, the Truth, and the Life." When we receive the Eucharist, we are close to Jesus, and he gives us strength to live like him.

Saint Mary MacKillop, Australia's first saint, showed us how to do this. She loved Jesus in the Eucharist and spent time praying before him in the Blessed Sacrament. But she also helped people who were poor and in need because she knew that Jesus is present in them too. Her famous words were, "Never see a need without doing something about it."

When we go to Mass, we remember Jesus' words: "Do this in memory of me." This means we should love others just like he did. The Eucharist is not just something we receive; it is something that changes us. **It helps us to be kind, generous, and caring.** Like Mary MacKillop, we can make a difference by helping others and remembering who we follow Jesus.

